

## Health and Safety Courses

Abrasive Wheel Safety  
 Accident Reporting  
 Anaphylaxis & Allergies for Schools & Carers  
 Asbestos Awareness (+International)  
 Asthma Awareness for Schools & Carers  
 Banksman Essentials  
 CDM Regulations  
 Confined Spaces  
 COSHH  
 Diabetes Awareness for Schools & Carers  
 Display Screen Equipment (DSE)  
 Driver Awareness  
 Electrical Safety  
 Epilepsy Awareness for Schools & Carers  
 Eye Protection  
 Fire Awareness\*  
 Fire Extinguisher Use  
 Fire Marshal & Warden\*  
 First Aid Appointed Person  
 First Aid Refresher  
 First Aid Refresher: Emergency First Aid  
 First Aid Requirements & RIDDOR  
 Food Allergy Awareness  
 Food Safety & Hygiene - Level 1, 2 & 3  
 General Workshop Safety  
 HACCP - Level 2  
 Hand Arm Vibration Awareness  
 Health & Safety Essentials  
 Health & Safety for Homeworkers  
 Infection Prevention & Control  
 Ladder Safety  
 Legionella Awareness  
 LOLER  
 Manual Handling  
 Manual Handling including Tyres  
 Medication Awareness in Care & Education

Moving & Handling People  
 Noise Awareness  
 Paediatric First Aid Refresher  
 Personal Protective Equipment  
 PUWER  
 Risk Assessments  
 School Trips for Organisers & Support  
 Sharps  
 Slips, Trips & Falls  
 Spill Kits (Bodily Fluids & Chemicals & Oils)  
 Working at Height (+International)  
 Working in Licensed Premises (Bar Staff)

## HR Compliance

Assessing Mental Capacity  
 Bullying & Harassment  
 Deprivation of Liberty Safeguards  
 Disability Awareness & Inclusion  
 Drug & Alcohol Awareness  
 Effective Remote Working  
 Equality, Diversity & Inclusion  
 FGM Awareness & Prevention  
 HR Compliance & Wellbeing Essentials  
 Managing Anxiety  
 Mental Health Awareness\*  
 New & Expectant Mothers at Work  
 Prevent Duty  
 Returning to Work  
 Returning to Work after COVID-19  
 Safer Recruitment in Education  
 Sexual Harassment Awareness  
 Stress Awareness & Management  
 Unconscious Bias

\* Additional courses available specifically for Care, Education & Construction Sectors

## Business Compliance Courses

Anti-Bribery  
Anti-Money Laundering  
Bomb Threats  
Business Compliance Essentials  
Consumer Rights  
Cyber Security Awareness  
Environmental Awareness

Fraud Awareness & Prevention  
GDPR EU Essentials Training  
GDPR EU Refresher Training  
GDPR UK Essentials Training  
GDPR UK in Education Training  
Modern Slavery  
Whistleblowing

## Care Certificate Courses

Understanding Your Role in Care  
Your personal Development in Care  
Duty of Care  
Equality and Diversity in Care  
Person Centred Care  
Communication in Care  
Privacy & Dignity in Care  
Fluids & Nutrition in Care

Mental Health, Dementia, & Learning Disabilities  
Safeguarding Vulnerable Adults  
Safeguarding Children  
Basic Life Support in Care  
Health & Safety in Care  
Handling Information in Care  
Infection Prevention & Control in Care



## Soft Skills

Building Resilience  
Conflict Resolution  
Communication Skills  
Confidence Building  
Customer Service Skills

Mindfulness  
Problem Solving  
Responding to Change  
Recognising Your Value  
Time Management

## Management Courses

Bullying & Harassment for Management  
GDPR EU Advanced (Management) Training  
GDPR UK Advanced (Management) Training  
Health & Safety for Managers & Supervisors  
Mental Health Awareness for Managers  
School Trips for Management  
Unconscious Bias for Management

All of our online training courses include full support and free access to our Learning Management System (LMS) where administrators/managers can view training activity, download reports, print certificates and more.

**Not sure what your requirements are?**

Give us a call on **01344 867 088** or email [hello@ihasco.co.uk](mailto:hello@ihasco.co.uk) to discuss your training needs.