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# Health & Safety in Care Training

For more information, visit our [Health & Safety in Care Training](#) webpage.

## COURSE CONTENTS

This training course is broken down into 2 sections

- 1 Legislation, Policies, and Responsibilities
- 2 Accidents and Sudden Illnesses

## LEARNING OUTCOMES

- ✔ Learn about and work towards compliance with The Management of Health and Safety at Work Regulations and RIDDOR
- ✔ Understand how staff and Health & Safety policies are agreed with your employer
- ✔ Understand your Health & Safety responsibilities

## ABOUT THIS COURSE

Our **Health & Safety in Care Training Course** educates users on the legislation surrounding Health & Safety so that both the carer and the people receiving the care are protected.

There are various pieces of legislation that are relevant to Health & Safety in Care. In this course, we will touch on:

- RIDDOR 2013
- The Management of Health and Safety at Work Regulations 1999
- The Regulatory Reform (Fire Safety) Order 2005
- The Control of Substances Hazardous to Health Regulations
- The Manual Handling Operations Regulations
- The Provision and Use of Work Equipment Regulations
- The Lifting Operations and Lifting Equipment Regulations

This Standard also touches upon how Health & Safety policies and procedures are agreed with the employer, who is responsible for Health & Safety at work and tasks that should be carried out after training. In this course, you will also cover accidents and sudden illnesses. Accidents and sudden illnesses can affect anyone at any time, but the very nature of the care industry means you may often be working with vulnerable people, sometimes with physical and mental disabilities, which can make the chances of an accident or sudden illness all the more likely.

This course works alongside our 14 other awareness courses that make up the [Care Certificate Standards](#).

You can [access our free worksheet](#) that has been designed to accompany our online Health & Safety in Care Training course. In each section, there is a box for you to tick when you have watched the relevant slide in our course. You can also take notes that will help you during your practical assessment at work.

This course equips learners with the knowledge that's required to be put into practice in the workplace, whereby they can do the 'practical' part of their training, followed by having the Care Certificate supplied to them by their management as they meet the required standards. These courses provide part of training but practical training is still required to obtain the care certificate.

