



Dealing with Seizures



FOCAL SEIZURES



GENERALISED SEIZURES

YOU SHOULD:

- Assess the situation
- Is the child in any danger? Don't intervene unless they're in danger. Give them space. Move anything that may be a danger away from them.
- If the child is behaving aggressively or lashing out, move others away and keep your distance, but try to stay where you can see them.
- Note the time.
- Send someone to get the child's IHP.
- Make sure someone – you, if possible, stays with the child until they recover completely.
- Talk calmly and reassuringly to the child, particularly as hearing is often unaffected or restored first.

AFTER THE SEIZURE:

- Note the time.
- Check the child's not injured in any way.
- Let them sit quietly until they're ready to carry on.
- Tell them what's happened at a level they will understand and
- If they've missed any parts of the lesson help them to fill in any gaps.

THINGS YOU SHOULDN'T DO:

- ✗ Don't crowd them
- ✗ Don't try to restrain them
- ✗ Don't try to bring them round
- ✗ Don't assume THEY know what's happening
- ✗ Don't make abrupt movements or shout
- ✗ Don't try to put anything in their mouth, and
- ✗ Don't give them anything to eat or drink until they're fully recovered