
Diabetes Training for Schools & Carers

For more information, visit our [Diabetes Training for Schools & Carers](#) webpage.

COURSE CONTENTS

This training course is broken down into 5 sections

- 1 What is Diabetes?
- 2 Everyday Risks and Responsibilities
- 3 Medication for Diabetes
- 4 School Trips
- 5 Education and Well-Being

LEARNING OUTCOMES

- ✔ Gain a better understanding of what diabetes is and how it affects individuals
- ✔ Learn about the everyday risks with diabetes and what responsibilities you have
- ✔ Gain a better understanding of how to support students with diabetes on school trips

ABOUT THIS COURSE

Children with **diabetes** must manage their condition **every day**. It's vital for their short and long-term health.

Around **35,000** children and young people (Under the age of 19) have diabetes in the UK alone, with **96%** of children having **type 1 diabetes**, **2%** having **type 2 diabetes** and the other **2%** having rare forms of diabetes or a diagnosis that is not yet defined.

Diabetes is the **fastest growing health threat in the UK**, since 1996 the amount of people being diagnosed with diabetes has **doubled**. It is, therefore, becoming essential for people that work in childcare and in schools to receive training on how to support children with diabetes and avoid the risks that come with it.

Our Diabetes Training for Schools and Carers has been written for people who care for children with diabetes. It explains **how diabetes works**, and what needs to be done to **keep a child with diabetes happy, healthy and safe** at school.

It covers **medication**, how to **control glucose levels**, what to do in an **emergency**, and how to provide a child with **emotional and practical support** on a daily basis.

If you work with children you may also be interested in the following of our training courses:

- [Children with Asthma](#)
- [Children with Allergies](#)
- [Children with Epilepsy](#)

Are you an IIRSM member? Enjoy a 10% discount on all of our IIRSM Approved courses!