
Bullying & Harassment Training

For more information, visit our [Bullying & Harassment Training](#) webpage.

COURSE CONTENTS

This training course is broken down into 3 sections

- 1 What are Bullying and Harassment? Differences and Similarities
- 2 What Should I do if I'm being bullied?
- 3 Creating a Positive Culture in the Workplace

LEARNING OUTCOMES

- ✓ Learn practical steps in tackling bullying and harassment
- ✓ Understand what the differences are between bullying and harassment and the similarities
- ✓ Learn how to create a positive workplace culture including how to make people feel like they can come forward about bullying

ABOUT THIS COURSE

Your workplace should be an environment in which you feel safe, happy and comfortable to work to the best of your potential. **Bullying & Harassment** should not be tolerated **under any circumstances**.

This online course has been created to help every employee **identify, prevent** and **tackle** this negative behaviour, with the aim of removing it from the workplace altogether.

It gives this subject the sensitivity it needs whilst providing practical steps that can be used to **combat bullying and harassment**. This course also focuses on **PREVENTING** this negative behaviour - employees will learn how to **create a POSITIVE CULTURE** in the workplace.

According to a recent report carried out by YouGov, almost **a third (29%)** of people are bullied at work, causing **36%** of victims to quit their role, whilst **46%** of victims said it **'adversely' affected their performance at work**. Make sure you can identify signs of bullying and prevent it from happening in your workplace with our Bullying & Harassment at work training.

It also works in conjunction with our "[Bullying and Harassment in the Workplace - Management](#)" course and our [Equality and Diversity Training](#).