

## Health and Safety Courses

Abrasive Wheel Safety  
Accident Reporting  
Anaphylaxis & Allergies for Schools & Carers  
Asbestos Awareness (+International)  
Asthma Awareness for Schools & Carers  
Banksman Essentials  
CDM Regulations  
Confined Spaces  
COSHH  
Diabetes Awareness for Schools & Carers  
Display Screen Equipment (DSE)  
Driver Awareness  
DSEAR  
Electrical Safety  
Epilepsy Awareness for Schools & Carers  
Eye Protection  
Fire Awareness\*  
Fire Extinguisher Use  
Fire Marshal & Warden\*  
First Aid Appointed Person  
First Aid Refresher  
First Aid Refresher: Emergency First Aid  
First Aid Requirements & RIDDOR  
Food Allergy Awareness  
Food Safety & Hygiene - Level 1, 2 & 3  
General Workshop Safety  
HACCP - Level 2  
Hand Arm Vibration Awareness  
Health & Safety Essentials  
Health & Safety for Homeworkers  
Infection Prevention & Control  
Ladder Safety  
Legionella Awareness  
LOLER  
Lone Worker Safety  
Manual Handling  
Manual Handling including Tyres

Medication Awareness in Care & Education  
Moving & Handling People  
Noise Awareness  
Paediatric First Aid Refresher  
Personal Protective Equipment  
PUWER  
Risk Assessments  
School Trips for Organisers & Support  
Sharps  
Slips, Trips & Falls  
Spill Kits (Bodily Fluids & Chemicals & Oils)  
Working at Height (+International)  
Working in Licensed Premises (Bar Staff)

## Business Compliance Courses

Anti-Bribery  
Anti-Money Laundering  
Anti-Tax Evasion (Criminal Finances Act)  
Bomb Threats  
Business Compliance Essentials  
Competition Law  
Consumer Rights  
Cyber Security Awareness  
Environmental Awareness  
Fraud Awareness & Prevention  
Freedom of Information  
GDPR EU Essentials Training  
GDPR EU Refresher Training  
GDPR UK Essentials Training  
GDPR UK in Education Training  
Modern Slavery  
Social Media Awareness  
Whistleblowing

\* Additional courses available specifically for Care, Education & Construction Sectors

## HR Compliance

Assessing Mental Capacity  
Building Resilience  
Bullying & Harassment  
Conflict Resolution  
Customer Service Skills  
Disability Awareness & Inclusion  
Drug & Alcohol Awareness  
Effective Remote Working  
Equality, Diversity & Inclusion  
FGM Awareness & Prevention  
Gender Identity & Expression  
HR Compliance & Wellbeing Essentials

Liberty Protection Safeguards  
Managing Anxiety  
Mental Health Awareness\*  
New & Expectant Mothers at Work  
Prevent Duty  
Returning to Work  
Returning to Work after COVID-19  
Safer Recruitment in Education  
Sexual Harassment Awareness  
Stress Awareness & Management  
Time Management  
Unconscious Bias

## Care Certificate Courses

Understanding Your Role in Care  
Your personal Development in Care  
Duty of Care  
Equality and Diversity in Care  
Person Centred Care  
Communication in Care  
Privacy & Dignity in Care  
Fluids & Nutrition in Care

Mental Health, Dementia, & Learning Disabilities  
Safeguarding Vulnerable Adults  
Safeguarding Children  
Basic Life Support in Care  
Health & Safety in Care  
Handling Information in Care  
Infection Prevention & Control in Care

## Soft Skills

Anger Management  
Communication Skills  
Confidence Building  
Creative Thinking  
Critical Thinking  
Effective Meetings  
Emotional Intelligence  
Mindfulness

Problem Solving  
Project Management Essentials  
Responding to Change  
Recognising Your Value  
Setting Goals  
Speaking Confidently

## Management Courses

Bullying & Harassment for Management  
GDPR EU Advanced (Management) Training  
GDPR UK Advanced (Management) Training  
Health & Safety for Managers & Supervisors  
Mental Health Awareness for Managers  
School Trips for Management  
Unconscious Bias for Management

## Text-based Courses

Calorie Labelling Regulations 2021 (Government Guidance) (Free)  
Conducting Appraisals  
Effective Recruitment  
KCSIE (Free)  
LOTO (Lock Out Tag Out)  
Managing a Remote Team  
Managing Change: For Managers  
PCI DSS (Payment Card Industry Data Security Standard)  
Recognising the Value of your Team

All of our online training courses include full support and free access to our Learning Management System (LMS) where administrators/managers can view training activity, download reports, print certificates and more.

### **Not sure what your requirements are?**

Give us a call on **01344 867 088** or email [hello@ihasco.co.uk](mailto:hello@ihasco.co.uk) to discuss your training needs.